



ITMF Annual Conference 2018

## Additional Spouse Programme Nairobi, Kenya

August 29, 2018

### 07 September 2018 – Full Day Tour Tea & Cheese Tours (Limuru)



Enjoy the beautiful landscape of Limuru while visiting a tea farm, one of the major exports of Kenya, and a home industry cheese making factory.

#### Schedule

- 09.30hrs Pick up from Kempinski for [Kiambethu Farm](#)
- 10.45- 11.00hrs Arrive at Kiambethu Farm for tour with a cup of tea
- 12.45-13.00hrs Leave Kiambethu for lunch at Brown Cheese
- 13.00-13.15hrs Arrive at Brown Cheese for lunch followed by a tour of [Brown Cheese factory](#)
- 15.45-16.45hrs Depart Brown Cheese for return to Kempinski



## **08 September 2018 – Full Day Tour Visit to Karen**

Enjoy a day out to the Nairobi suburb of Karen to visit two valuable conservation centers to enjoy close contact with baby elephants and giraffe, followed by shopping for various Kenyan arts and crafts and lunch at the beautiful Hemingway's Nairobi.



### **Giraffe Centre**

The only sanctuary in the world within a capital city that enables you to come into very close contact with the world's tallest yet endangered animal, the giraffe, the Giraffe Centre is situated in a quiet natural environment, whose biodiversity makes it home to a herd of Rothschild Giraffe, some Warthogs and over a hundred and fifty species of birds. The Centre inspires children, youth and communities to interact with nature and conserve the environment for posterity.

### **The David Sheldrick Wildlife Trust – Elephant Orphanage**

The Elephant Orphanage is located in a secluded area in the Nairobi National Park, where orphaned baby elephants, amongst other animals, are taken care of by a dedicated team of conservationists. At 1100 hours, the baby animals are brought from the National Park for a mud-bath at the orphanage, where for an hour you get close to them and sometimes touch them. You may not feed them but will get a chance to view the handlers feeding them.

### **Utamaduni**

The best African craft shop in Nairobi, Utamaduni is a must to drop into on the way to some of the exciting venues in Nairobi's green suburb of Karen/Langata. The shop, a converted Kikuyu house with 18 shops, is a treasure trove of African crafts, antiques and art, with friendly staff to assist and help pack or ship if needed.

### **Hemingway's Nairobi**

Enjoy fine lunch at Hemingway's Nairobi, a boutique hotel with personal butler service and spacious suites overlooking the Ngong Hills.

### **Karen Blixen Museum**

Karen Blixen Museum was once the centre piece of a farm at the foot of the Ngong Hills owned by Danish Author Karen and her Swedish Husband, Baron Bror von Blixen Fincke. Located 10 km from the city centre, the Museum belongs to a different time period in the history of Kenya. The farm house gained international fame with the release of the movie 'Out of Africa' an Oscar winning film based on Karen's autobiography by the same title.



## Schedule

- 09.00hrs Pick up from Kempinski and travel to Karen
- 10.00-10.30hrs Visit the Giraffe Centre
- 11.00-11.45hrs Visit The David Sheldrick Wildlife Trust - Elephant Orphanage (public viewing)
- 12.00-12.45hrs Visit Utamaduni Artisans of Africa
- 13.00-14.30hrs Lunch at Hemingway's Nairobi
- 14.30-15.30hrs Visit Karen Blixen Museum
- 15.30-16.30hrs Travel back to Kempinski



## 09 September 2018 – Morning Tour Visit to Kuona Trust/Spinners Web

Kenyan art is as diverse as it is colourful. Take the opportunity to view the work of a number of different up and coming artists supported by the Kuona Trust.



## Kuona Trust

Kuona has been in the forefront of developing the visual art scene in Kenya in the last 17 years with at least 1,000 artists participating in Kuona programmes. Kuona's mentors artists giving them skills and opportunities to advance themselves whilst increasing the profile and role of visual arts in Kenya. Kuona provides support and resources to artists to make the great art of our day.

## Spinners Web

Spinners Web was originally created to provide a showplace for Kenya's many spinners and weavers. The shop has grown to encompass 'the best of Kenya' at every level of handcrafted products. Because over 200 groups provide their products for sale at Spinners Web, the shop is a must see experience for residents and tourists alike.

## Schedule

- 09.00 hrs Pick up from Kempinski
- 09.30-10.30 hrs Tour at Kuona Artists Collective, Centre for the Visual Arts
- 11.00-12.30 hrs Spinners web shopping & lunch
- 12.30-13.00 hrs Travel back to Kempinski

